



## PATIENT QUESTIONNAIRE/MEDICAL HISTORY

Full Name: \_\_\_\_\_ Date: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_ Telephone: \_\_\_\_\_

Preferred email: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Hand Dominance: Left Right Age Height Weight

### EMPLOYMENT HISTORY

Are you presently employed? ☐ Yes ☐ Full-Time ☐ Part-Time  
☐ No ☐ Unemployed ☐ Disabled ☐ Retired

If yes, brief job description: \_\_\_\_\_

Job Requirements: ☐ Sitting ☐ Standing ☐ Bending ☐ Twisting ☐ Lifting

### PRESENT CONDITIONS INFORMATION

What is the reason for your Physical Therapy visit today? \_\_\_\_\_

Did a physician refer you to PT for this pain episode? ☐ Yes ☐ No If yes, referring physician: \_\_\_\_\_

When do you return to the referring physician? \_\_\_\_\_

Is this pain episode related to (circle one) ☐ Work ☐ MVA ☐ Surgery ☐ Unknown Other: \_\_\_\_\_

Was this due to an injury? ☐ Yes ☐ No Date of injury? \_\_\_\_\_ Onset of Symptoms \_\_\_\_\_

Please describe the injury or what you were doing when the symptoms began: \_\_\_\_\_

What are your current symptoms? \_\_\_\_\_

Please rate the intensity of your **current, best and worst** pain levels over **the past 24 hours**: NO PAIN 0 1 2 3 4 5 6 7 8 9 10 WORST PAIN IMAGINABLE

Current: \_\_\_\_\_ Best: \_\_\_\_\_ Worst: \_\_\_\_\_

What activities/positions increase your symptoms? \_\_\_\_\_

What activities/positions decrease your symptoms?

Describe any specific tasks or other day-to-day activities (personal, professional, recreational) that are being adversely affected:

Are you currently receiving any other treatment(s) for this problem?

☐ Yes

☐ No

If Yes, please describe:

If Yes, have you received physical therapy for this in the past?

☐ Yes

☐ No

If Yes, number of total visits:

Have you had any diagnostic testing for this problem (i.e. x-ray, MRI, CT scan, etc.)?

☐ Yes

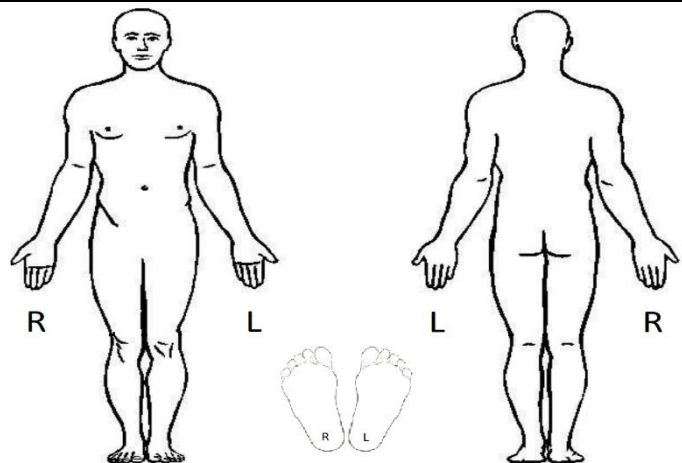
☐ No

Type of Test

Date

Results

What are your primary goals for physical therapy?



On the image to the right, please shade in the areas where you have pain.

### PERSONAL HISTORY / HEALTH HISTORY

Marital Status:

☐ Single

☐ Married

☐ Divorced

☐ Widowed

☐ Other

Do you exercise regularly?

☐ Yes

☐ No

How often?

What activities?

What are your hobbies / leisure activities?

Please list your prescribed and over-the-counter medications (including vitamins, herbal supplements, etc):

Medication

Dosage / Strength

Frequency

Medication

Dosage / Strength

Frequency

Have you ever been treated for, or are you presently experiencing any of the following?

|                                                                                    |                              |                             |                                           |                              |                             |
|------------------------------------------------------------------------------------|------------------------------|-----------------------------|-------------------------------------------|------------------------------|-----------------------------|
| Allergies                                                                          | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Hemorrhoids                               | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Anxiety or Panic Disorders                                                         | <input type="checkbox"/> Yes | <input type="checkbox"/> No | High Blood Pressure                       | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Arthritis (RA, OA)                                                                 | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Irritable Bowel Syndrome                  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Bowel / Bladder Abnormalities (including Constipation)                             | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Joint Dislocation                         | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Breathing Problems (Asthma, COPD, etc.)                                            | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Kidney Problems                           | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Cancer                                                                             | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Metal Implants                            | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Chronic Fatigue Syndrome                                                           | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Multiple Sclerosis                        | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Degenerative Disc Disease (back disease, spinal stenosis, sever chronic back pain) | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Nausea / Vomiting                         | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Depression                                                                         | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Numbness / Tingling                       | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Diabetes                                                                           | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Osteoporosis / Osteopenia                 | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Dizzy or Fainting Spells                                                           | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Parkinson's Disease                       | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Epilepsy or Seizure Disorder                                                       | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Pacemaker / Defibrillator                 | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Fever                                                                              | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Pelvic Floor Dysfunction                  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Firbromyalgia                                                                      | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Ringling in your ears                     | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Fracture                                                                           | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Sleep Apnea                               | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Gastrointestinal Disease (ulcer, hernia, reflux)                                   | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Stroke or TIA (transient ischemic attack) | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Hearing impairment                                                                 | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Surgery                                   | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Headaches                                                                          | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Unexplained Weight Loss                   | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Heart Problems                                                                     | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Vertigo                                   | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Hemophilia                                                                         | <input type="checkbox"/> Yes | <input type="checkbox"/> No |                                           |                              |                             |

Please describe any "YES" responses from the previous table:

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Please describe any other pertinent medical information:

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